



ALL INCLUSIVE FOOD & DRINKS

Family style:

Breakfast, Lunch & Dinner

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Unlimited healthy snacks, fruit and
protein shakes from our refuel station

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Afternoon snacks

Protein brownies, Flourless orange cake,

Superfood savoury muffins

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Water & soft drinks

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Wine & Beer with dinner



Sample Menu

BREAKFAST

Freshly baked pastries

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Bircher muesli yoghurt pots, honey

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Belgian waffles

-

Ham, spinach and tomato frittata

-

Seasonal fruits and berries

-

Overnight oats

-

Breakfast muffins



Sample Menu

LUNCH

Lean Turkey burgers

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Bean and lentil burgers (v)

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Zesty cous cous salad

-

Sweet potato wedges

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House salad



Sample Menu

DINNER

Slow braised beef stifado

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Chicken souvlaki

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Halloumi & roasted vegetable skewers

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Greek salad, olives, red onion, vine
tomato, cucumber and feta

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Meze:

Hummus, tzatziki, Taramasalata

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Roasted potatoes, feta and garlic

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Green style pitta and flatbreads